



# Touchstone - Counselling

## Agreement for Counselling and Informed Consent

**Counselling Services:** The counsellor will inform you about the type of therapy recommended and will use approaches that will best focus on your unique presenting need. The counsellor will inform you when these are changed. The counsellor is open to feedback, questions and further information regarding every approach used.

**Client Responsibilities:** The client will do their personal best to consider their payment option, complete homework, keep appointments and come prepared to work.

**Client Benefits and Risks:** The benefits of counselling may include new emotional strength and understanding, greater internal and external awareness, improved pain management skills, relationship skills and healthier options. However, facing the pain and taking manageable risks may also be exhausting, unfamiliar and unfulfilling at first.

**Client Rights:** The client has the right to; ask questions about credentials, therapy approaches, the process of counselling and any other related questions; end counselling any time; inform the **BCACC** (British Columbia Association of Clinical Counsellors) of any concerns or complaints regarding the counselling services; read, acquire and/or change the information in their file anytime; understand how **PIPA** (Personal Information Protection Act) requires this organization to collect, use or disclose of personal information; and expect the following confidentiality standards to be followed:

**Exceptions to Confidentiality:** All information is confidential **except** for the following, in which case the counsellor is obligated to inform the appropriate people.

- (1) The counsellor believes that a child or vulnerable adult needs protection from abuse or neglect.
- (2) The counsellor believes that you are at risk of harming yourself or another person.
- (3) It is required by law.
- (4) If it is required for the purpose of professional consultation with the supervisor.

You hereby release Evangel Church staff and volunteers from any claim or litigation whatsoever arising from these counselling sessions, phone conversations or any other form of communication that may take place as related to the counselling relationship.

This counselling service will not provide you with any documentation for any purpose (eg. Court, ICBC claims, probation, work related, etc.). You will not be represented in court as a result of this counselling.

I have received a copy of this form and understand my rights and responsibilities as outlined above and will adhere to my responsibilities. I understand the potential benefits, risks and **exceptions to confidentiality**. I understand how Touchstone Counselling functions as outlined in the brochure and/or the website.

Date \_\_\_\_\_ Name \_\_\_\_\_ Signature \_\_\_\_\_

Sharon Egert, Master of Counselling, RCC Member #10231

