

Pastor Will Sohnchen
Sermon Outline – September 20, 2009
Going Deeper - Part 2
“The Enemy of Spiritual Formation”

The Enemy of Spiritual Formation is _____

Distraction comes from the Latin root *distractus* meaning “to draw or pull apart”.

“In a world where there is a wealth of information, there is often a poverty of attention”.

Ken Mehlman,
2004 Presidential Campaign
Manager to George W. Bush

A little Story about Attentiveness

³⁸As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. ³⁹She had a sister called Mary, who sat at the Lord's feet listening to what he said. ⁴⁰But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"

⁴¹"Martha, Martha," the Lord answered, "you are worried and upset about many things, ⁴²but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her."

Luke 10:38-42

This is a story about _____

“Most of us if we were honest, are latter day Marthas who deep inside are longing for some Mary time. And what is the secret to living in such a world and time? Jesus’ words tell us the secret is not at the circumference (merely reducing our activities) but at the centre (refocusing our heart).”

Leighton Ford, “The Attentive Life”

Dealing with Spiritual Attention Deficit Disorder (S.A.D.D.)

Identifying the causes of S.A.D.D. _____

Practicing Attentiveness:

1. _____
2. _____